

General

√ Two choices

Traditional strained yogurt
Seasonal fruit
Traditional handmade
cookie with almond and honey
Cereal with milk
Oats & seeds

Bread options

√ Two choices

Toast bread (wheat)
Toast bread (whole meal)
Blanket bread (whole meal)
Blanket bread (whole meal)

Spread for bread

√ Two 2 choices)

Cretan thyme Honey Butter Strawberry jam Cherry jam Peach jam Orange jam

Drink options

√ Choice(no limit)

Fresh orange juice Espresso coffee Cretan mountain tea Milk for coffee

Sweet options

√ Two choices

Pecan pie
Orange pie
Chocolate cake
Chocolate donut
Crepe with chocolate
and biscuits

Pies/Croissants

√ Three choices

Cretan cheesepie
Cretan herbs-cheese pie
Lixnaraki (Cretan sweet)
Butter croissant
Chocolate croissant
Mpougatsa: Greek pie
Puff pastry with
philadelphia and ham
Puff pastry with chocolate

Main dishes

✓ One choice

Cretan omelette (Apaki meat,Graviera Cretan cheese,oregano)

European omelette (Bacon,Sausage, Gouda cheese)

Vegeterian omelette (Onion,Peppers, Tomatoes,Oregano)

Mix plate(Boilled egg, Apaki meat,Turkey, Gouda cheese,Feta cheese,oives)

Fried eggs with bacon and sausage

Crispy toast (turkey,cheese,tomato) and salt chips